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Record: 1

Title: Drugs and Addiction

Authors: Healey, Justin

Description: The use of legal and illicit drugs is widespread in Australia, however for a significant number of people, substance use can lead to addiction, also known as dependence. Many people become dependent on a drug, and they feel that they cannot function without it. They may spend a lot of their time and energy finding and using the drug. They may also need to take increasing amounts to get the same effects, and experience withdrawal symptoms when they stop using it. Addiction is a physical and/or psychological need to use a substance; some substances are more addictive than others, and some users are more likely to become addicted to a substance depending on mental, physical and lifestyle factors. This book examines the extent of tobacco, alcohol and illicit drug abuse in Australia. The book also explores the facts about substance addiction, including how to identify signs of dependency and respond to the negative effects of addiction. What kind of help is available to young people dealing with drug and alcohol dependence? Also includes: Worksheets and activities ; Fast facts ; Glossary ; Web links ; Index. Titles in the 'Issues in Society'series are individual resource books which provide an overview on a specific subject comprised of facts and opinions. The information in this resource book is not from any single author, publication or organisation. The unique value of the 'Issues in Society'series lies in its diversity of content and perspectives. The content comes from a wide variety of sources and includes: Newspaper reports and opinion pieces ; Website fact sheets ; Magazine and journal articles ; Statistics and surveys ; Government reports ; Literature from special interest groups.

Subjects: Drug-alcohol interactions--Australia
Drug abuse--Australia
Drugs--Australia
Drug addiction--Australia

Categories: JUVENILE NONFICTION / Health & Daily Living / Substance Abuse
JUVENILE NONFICTION / Social Topics / Drugs, Alcohol, Substance Abuse

Related ISBNs: 9781922084101. 9781922084118.

OCLC: 843203999

Accession Number: 569131

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direct=true&db=nlebk&AN=569131&site=ehost-live](http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=569131&site=ehost-live)

Persistent link to this record [http://search.ebscohost.com/login.aspx?
\(Permalink\): direct=true&db=nlebk&AN=569131&site=ehost-live](http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=569131&site=ehost-live)

Cut and Paste: Drugs and Addiction

Database: eBook Collection (EBSCOhost)

Record: 2

Title: World Drug Report, 2013

Authors: United Nations Office on Drugs and Crime
United Nations

Description: 'United Nations publication sales no. E.1. XI.6'--T.p. verso.

Subjects: Cannabis--Statistics
Amphetamines--Statistics
Cocaine industry--Statistics
Drug traffic--Statistics
Drug abuse--Statistics
Heroin industry--Statistics
Drug control--Statistics

Categories: POLITICAL SCIENCE / Public Policy / Social Services & Welfare
POLITICAL SCIENCE / Public Policy / Social Security

Related ISBNs: 9789211482737. 9789210561686.

OCLC: 856144866

Accession Number: 612212

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direct=true&db=nlebk&AN=612212&site=ehost-live](http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=612212&site=ehost-live)

Persistent link to this record [http://search.ebscohost.com/login.aspx?
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Cut and Paste: World Drug Report, 2013

Database: eBook Collection (EBSCOhost)

Record: 3

Title: Street Pharma

Authors: Wilkins, Jessica

Description: Prescription and over-the-counter medications are the most commonly abused drugs by high school students after marijuana. One in five young people abuses prescription meds—cotton, rits, beans, tuss, and bricks—street names for these non-street drugs. Street Pharma looks at this growing problem and gives young readers the information they need

to say no before they start using or find help to quit when they've become addicted.

Subjects: Medication abuse--Juvenile literature
Drug abuse--Juvenile literature

Categories: JUVENILE NONFICTION / General

Related ISBNs: 9780778755128. 9781427197306.

OCLC: 759029851

Accession Number: 419690

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Persistent link to this record <http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=419690&site=ehost-live>
(Permalink): [direct=true&db=nlebk&AN=419690&site=ehost-live](http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=419690&site=ehost-live)

Cut and Paste: Street
Pharma

Database: eBook Collection (EBSCOhost)

Record: 4

Title: Steroids

Authors: Knight, Erin

Description: Did you know about one third of high school students take steroids to improve their looks—not just their athletic skills? Steroid use is becoming a major issue among 12- to 18-year-olds today. This helpful and informative book looks at the pressures young people are under to look “cut” and perform well in sports. Special chapters examine the effects of anabolic steroids on the developing bodies and minds of young people and how difficult it can be to quit when you've got “the edge.”

Subjects: Steroid abuse--Juvenile literature

Categories: JUVENILE NONFICTION / General

Related ISBNs: 9780778755111. 9781427197290.

OCLC: 723413283

Accession Number: 419689

UR: <http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=419689&site=ehost-live>

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Cut and Paste: Steroids

Database: eBook Collection (EBSCOhost)

Record: 5

Title: Alcohol and Binge Drinking

Authors: Healey, Justin

Description: 'Alcohol is the most widely used recreational drug in Australia. Alcohol is so widely used and so socially acceptable that many people frequently consume it to harmful levels. Binge drinking refers to drinking heavily over a short period of time with the intention of becoming intoxicated, resulting in immediate and severe intoxication. The number of young people consuming alcohol at alarmingly high levels has increased significantly in recent years. What are safe drinking levels according to the latest guidelines, and what are the short- and long-term health risks when alcohol consumption goes too far? Alcohol-related risk behaviours are also examined, including drink driving, unprotected sex, violence and injury. This book presents information about the many health and social impacts of excessive alcohol intake and provides tips for promoting responsible drinking choices among young people. When does 'having a drink' become far more than a drop too much? 3 chapters: Alcohol and your health; Binge drinking; Alcohol and young people. Also includes: Worksheets and activities ; Fast facts ; Glossary ; Web links ; Index. Sources of information: Titles in the 'Issues in Society' series are individual resource books which provide an overview on a specific subject comprised of facts and opinions. The information in this resource book is not from any single author, publication or organisation. The unique value of the 'Issues in Society' series lies in its diversity of content and perspectives. The content comes from a wide variety of sources and includes: Newspaper reports and opinion pieces ; Website fact sheets ; Magazine and journal articles ; Statistics and surveys ; Government reports ; Literature from special interest groups. Critical evaluation: As the information reproduced in this book is from a number of different sources, readers should always be aware of the origin of the text and whether or not the source is likely to be expressing a particular bias or agenda. It is hoped that, as you read about the many aspects of the issues explored in this book, you will critically evaluate the information presented. In some cases, it is important that you decide whether you are being presented with facts or opinions. Does the writer give a biased or an unbiased report? If an opinion is being expressed, do you agree with the writer?'

Subjects: Youth--Alcohol use--Australia
Alcoholism--Australia--Prevention
Drinking of alcoholic beverages--Australia
Binge drinking--Australia

Categories: SELF-HELP / Substance Abuse & Addictions / Alcohol

Related ISBNs: 9781921507618. 9781921507625.

OCLC: 746170035

Accession Number: 379899

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direct=true&db=nlebk&AN=379899&site=ehost-live](http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=379899&site=ehost-live)

Persistent link to this record [http://search.ebscohost.com/login.aspx?
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Cut and Paste: Alcohol and Binge Drinking
Database: eBook Collection (EBSCOhost)

Record: 6

Title: Living with Substance Addiction
Authors: Higgins, Melissa
Description: Living with substance addiction features fictional narratives paired with firsthand advice from a medical expert to help preteens and teenagers feel prepared for dealing with substance addiction during adolescence. Topics include complications of substance addiction, getting help and detox, rehab, and aftercare, triggers, and relapse. Throughout the book, Ask Yourself This questions encourage discussion. Features include a selected bibliography, further readings, Just the Facts summary of medical facts about addiction, Where to Turn summary of key advice that includes contact information for helpful organizations, a glossary, source notes, and an index.
Subjects: Substance abuse--Juvenile literature
Categories: JUVENILE NONFICTION / Social Topics / Drugs, Alcohol, Substance Abuse
Related ISBNs: 9781617831294. 9781614784616.
OCLC: 775593117
Accession Number: 432559
UR: [http://search.ebscohost.com/login.aspx?
direct=true&db=nlebk&AN=432559&site=ehost-live](http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=432559&site=ehost-live)

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Cut and Paste: Living with Substance Addiction
Database: eBook Collection (EBSCOhost)

Record: 7

Title: Inhalants and Solvents
Authors: Field, Jon Eben
Description: A recent survey on drug use recorded 729,000 youths 12 years of age or older who had used inhalants and solvents for the first time within the past year. These substances, along with prescription and over-the-counter medications, can be found in almost every home and have become an easy-access entry point to drug use for young people. This important book carefully examines the facts and fiction

about'huffing,'and provides information on addiction and treatment, as well as useful alternatives to drug use.

Subjects: Inhalant abuse--Juvenile literature

Categories: JUVENILE NONFICTION / Social Topics / Drugs, Alcohol, Substance Abuse
JUVENILE NONFICTION / Health & Daily Living / Substance Abuse

Related ISBNs: 9780778755081. 9781427197269.

OCLC: 754317574

Accession Number: 419687

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Cut and Paste: Inhalants and Solvents

Database: eBook Collection (EBSCOhost)

Record: 8

Title: Marijuana

Authors: Adams, Troon Harrison

Description: There's no denying that marijuana use is prevalent among today's youth—and it has grown increasingly acceptable in popular culture. This informative and useful book for kids examines drug use and abuse. Topics of interest include the history of marijuana use and laws, and myths and facts about marijuana misuse and abuse. A resource section provides websites and contact information of organizations for those dependent on drugs as well as for their friends and families.

Subjects: Marijuana abuse--Juvenile literature
Marijuana--Juvenile literature
Marijuana--Therapeutic use--Juvenile literature

Categories: JUVENILE NONFICTION / Social Topics / Drugs, Alcohol, Substance Abuse
JUVENILE NONFICTION / Health & Daily Living / Substance Abuse

Related ISBNs: 9780778755098. 9781427197276.

OCLC: 759669141

Accession Number: 419688

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Cut and Paste: Marijuana

Database: eBook Collection (EBSCOhost)

Record: 9

Title: Substance Abuse : The Ultimate Teen Guide

Authors: Bestor, Sheri L. M.

Description: There are a variety of reasons young people turn to drugs, and the impact of such behavior can often be devastating. Whether alcohol, marijuana, ecstasy, or the latest drug of choice, substance abuse among teens continues to be a concern. This disorder affects so many people in one way or another, not only the addicted individual but also his or her family members and friends. In Substance Abuse: The Ultimate Teen Guide, Sheri Mabry Bestor looks at the various reasons why young people experiment with drugs and alcohol—and the consequences of doing so. Written to help young adults and those close to them understand substance abuse disorder, this book is full of important and practical information from various experts. In addition to facts, statistics, and advice, this book also provides insights from real people—teen addicts and others—who have been affected by substance abuse. Topics covered in this book include:exposure to alcohol and drugs reasons people experiment with addictive substancesphysical and emotional aspects of addictiontreatment optionsrelapsesrecovery The chapters in this book take readers through the process of substance use to substance abuse, from curiosity and experimentation to full-blown addiction and recovery. The chapters feature not only true life stories, but also contain information about how substance abuse affects the body and brain. Appendixes include a list of resources, including web sites, books, and movies that teens will find useful. Designed to give teens the tools for understanding this disorder from various perspectives, this book is a valuable resource for anyone affected by substance abuse.

Subjects: Substance abuse--Juvenile literature
Teenagers--Substance use--Juvenile literature

Categories: JUVENILE NONFICTION / Social Topics / Drugs, Alcohol, Substance Abuse
JUVENILE NONFICTION / Health & Daily Living / Substance Abuse

Related ISBNs: 9780810885585. 9781442256620. 9780810885592.

OCLC: 853506038

Accession Number: 611932

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Cut and Paste: Substance Abuse :
The Ultimate Teen Guide

Database: eBook Collection (EBSCOhost)

Record: 10

Title: Forbidden Drugs

Authors: Robson, Philip

Description: Recreational drug use is a world-wide phenomenon. Despite the best efforts of governments, the public fascination with drugs shows no signs of abating. With media accounts of illegal drug use often verging on the hysterical, this book provides a refreshingly balanced and honest account of drug use throughout the world, one based on scientific fact, and not dogma. The book examines all the drugs currently used throughout the world, looking at their effects and side-effects. Why do people use drugs? Why do they become addicted? What are the lessons to be learned from making drugs illegal? Updated for the third edition with chapters rewritten to take account of scientific, epidemiological and political developments since the second edition, and with a new section on the present and future US drug policy from high-profile contributors, the book provides a much needed rational approach to the problem of drug use.

Subjects: Psychotropic drugs--Popular works
Substance abuse--Popular works

Categories: MEDICAL / Pharmacology

Related ISBNs: 9780199559961. 9780191501395. 9780191575747.

OCLC: 801405724

Accession Number: 467539

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Cut and Paste: Forbidden
Drugs

Database: eBook Collection (EBSCOhost)

Record: 11

Title: What Is Addiction?

Authors: Ross, Don

Description: The image of the addict in popular culture combines victimhood and moral failure; we sympathize with addicts in films and novels because of their suffering and their hard-won knowledge. And yet actual scientific knowledge about addiction tends to undermine this cultural construct. In What Is Addiction?, leading addiction researchers from neuroscience, psychology, genetics, philosophy, economics, and other fields survey the latest findings in addiction science. They discuss such questions as whether addiction is one kind of condition, or several; if addiction is

neurophysiological, psychological, or social, or incorporates aspects of all of these; to what extent addicts are responsible for their problems, and how this affects health and regulatory policies; and whether addiction is determined by inheritance or environment or both. The chapter authors discuss the possibility of a unifying basis for different addictions (considering both substance addiction and pathological gambling), offering both neurally and neuroscientifically grounded accounts as well as discussions of the social context of addiction. There can be no definitive answer yet to the question posed by the title of this book; but these essays demonstrate a sweeping advance over the simplistic conception embedded in popular culture. Contributors: George Ainslie, Jennifer D. Bellegarde, Warren K. Bickel, Jennifer Bramen, Karen O. Brandon, Arthur Brody, Peter Collins, Jack Darkes, Mark S. Goldman, Gene M. Heyman, Harold Kincaid, Edythe D. London, James MacKillop, Traci Man, Neil Manson, John E. McGeary, John R. Monterosso, Ben Murrell, Nancy M. Petry, Marc N. Potenza, Howard Rachlin, Lara A. Ray, A. David Redish, Richard R. Reich, Don Ross, Timothy Schroeder, David Spurrett, Jackie Sullivan, Golnaz Tabibni, Andrew Ward, Richard Yi

Subjects: Cognitive neuroscience
Neurosciences--Social aspects
Substance abuse
Compulsive behavior

Categories: PSYCHOLOGY / Psychopathology / Addiction
SOCIAL SCIENCE / Essays

Related ISBNs: 9780262513111. 9780262288248.

OCLC: 607552548

Accession Number: 307688

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Cut and Paste: `What Is Addiction? `

Database: eBook Collection (EBSCOhost)

Record: 12

Title: Tobacco Smoking

Authors: Healey, Justin

Description: 'Tobacco smoking kills up to half of its users and has a global annual death toll of more than five million people. It is the largest cause of preventable death in the western world. Around 3 million Australians are daily smokers, many of whom are socially disadvantaged. This title reveals the toxic contents of tobacco and the health effects of smoking (including passive smoking) on the body. The book also addresses a

number of commonly held myths and misconceptions about the risks and impacts of smoking. A range of different quitting methods and products for overcoming nicotine addiction is also explored in detail. Another focus of this book is the role of government and legislation in controlling tobacco use and its marketing. Why do so many people continue to let their health go up in smoke? Three chapters: Tobacco use and health ; Quitting smoking ; Tobacco control and marketing. Also includes: Worksheets and activities ; Fast facts ; Glossary ; Web links ; Index. Sources of information: Titles in the 'Issues in Society' series are individual resource books which provide an overview on a specific subject comprised of facts and opinions. The information in this resource book is not from any single author, publication or organisation. The unique value of the 'Issues in Society' series lies in its diversity of content and perspectives. The content comes from a wide variety of sources and includes: Newspaper reports and opinion pieces ; Website fact sheets ; Magazine and journal articles ; Statistics and surveys ; Government reports ; Literature from special interest groups. Critical evaluation: As the information reproduced in this book is from a number of different sources, readers should always be aware of the origin of the text and whether or not the source is likely to be expressing a particular bias or agenda. It is hoped that, as you read about the many aspects of the issues explored in this book, you will critically evaluate the information presented. In some cases, it is important that you decide whether you are being presented with facts or opinions. Does the writer give a biased or an unbiased report? If an opinion is being expressed, do you agree with the writer?"

Subjects: Smoking cessation--Australia
Smoking--Australia
Smoking--Health aspects--Australia

Categories: SELF-HELP / Substance Abuse & Addictions / General
PSYCHOLOGY / Psychopathology / Addiction

Related ISBNs: 9781921507502. 9781921507519.

OCLC: 722429327

Accession Number: 364907

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Cut and Paste: Tobacco Smoking

Database: eBook Collection (EBSCOhost)

Record: 13

Title: Hooked : When Addiction Hits Home

Authors:

Shantz-Hilkes, Chloe
 DECODE (Firm)

Description: This collection of ten true stories is based on interviews with people who, in their youth, lived with an addicted parent or sibling. The subjects speak honestly about what it was like to grow up with a family member addicted to alcohol, drugs, food, pills, or gambling. While describing how they managed to cope, interviewees explore the full range of situations and emotions they experienced—from denial, anger, and confusion to acceptance and forgiveness. Their maturity, sensitivity, and even their sense of humor will give teens going through similar situations the important realization that there are many ways to break free from the chains of others'addictions.

Subjects: Children of drug addicts--Canada--Juvenile literature
 Alcoholics--Family relationships--Canada--Juvenile literature
 Drug addicts--Family relationships--Canada--Juvenile literature
 Alcoholism--Psychological aspects--Juvenile literature
 Drug addiction--Psychological aspects--Juvenile literature
 Children of alcoholics--Canada--Juvenile literature

Categories: JUVENILE NONFICTION / General

Related ISBNs: 9781554514748. 9781554515196. 9781554515264.

OCLC: 814661939

Accession Number: 697949

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Cut and Paste: Hooked : When Addiction Hits Home

Database: eBook Collection (EBSCOhost)

Record: 14

Title: One for the Road : Drunk Driving Since 1900

Authors: Lerner, Barron H.

Description: Don't drink and drive. It's a deceptively simple rule, but one that is all too often ignored. And while efforts to eliminate drunk driving have been around as long as automobiles, every movement to keep drunks from driving has hit some alarming bumps in the road. Barron H. Lerner narrates the two strong—and vocal—sides to this debate in the United States: those who argue vehemently against drunk driving, and those who believe the problem is exaggerated and overregulated. A public health professor and historian of medicine, Lerner asks why these opposing views exist, examining drunk driving in the context of American beliefs about alcoholism, driving, individualism, and civil liberties. Angry and bereaved activist leaders and advocacy groups like

Mothers Against Drunk Driving campaign passionately for education and legislation, but even as people continue to be killed, many Americans remain unwilling to take stronger steps to address the problem. Lerner attributes this attitude to Americans' love of drinking and love of driving, an inadequate public transportation system, the strength of the alcohol lobby, and the enduring backlash against Prohibition. The stories of people killed and maimed by drunk drivers are heartrending, and the country's routine rejection of reasonable strategies for ending drunk driving is frustratingly inexplicable. This book is a fascinating study of the culture of drunk driving, grassroots and professional efforts to stop it, and a public that has consistently challenged and tested the limits of individual freedom. Why, despite decades and decades of warnings, do people still choose to drive while intoxicated? One for the Road provides crucial historical lessons for understanding the old epidemic of drunk driving and the new epidemic of distracted driving.

Subjects: Drunk driving--United States--Prevention
Drunk driving--United States

Categories: HISTORY / United States / 20th Century
HISTORY / Social History
MEDICAL / Public Health
SCIENCE / History

Related ISBNs: 9781421401904. 9781421407746. 9781421403496.

OCLC: 798295742

Accession Number: 600981

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Cut and Paste: [One for the Road :
Drunk Driving Since 1900](http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=600981&site=ehost-live)

Database: eBook Collection (EBSCOhost)